



DEAR TRAVELLER!

Please be aware that many animal diseases can be spread by human food. **You may also accidentally spread an animal disease. To avoid this:**



DO NOT BRING BACK MEAT OR MEAT PRODUCTS, MILK OR DAIRY PRODUCTS (MEAT, MILK AND PRODUCE MADE FROM THESE) FROM YOUR TRAVELS



WHEN ABROAD, AVOID CONTACT WITH ANIMALS



WHEN YOU RETURN, WASH YOUR CLOTHES AND CLEAN YOUR FOOTWEAR



WHEN YOU RETURN FROM ABROAD AVOID ANY CONTACT WITH AGRICULTURAL ANIMALS FOR AT LEAST 48 HOURS

This way you can help to ensure that **the dangerous animal disease will not enter Estonia** and Estonian animals will remain healthy!